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THE OPRAH
MAGAZINE

LIVE YOUR BEST LIFE

What's Holding You Back?

9 Ways to Change Old Patterns and Spark New Breakthroughs

The O Interview
**Lights,
Camera,
Rosie!**
It's showtime for
Miss O'Donnell

**Oprah's
Biggest Aha
Moment Yet—
and How It
Could Lead
To Yours**

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**Boost Your
Diet IQ**

A quiz that will
transform the
way you eat

**The Bargain
Hunter's
Guide to Fall
Fashion**



Hot Legs ▾
Does going bare leave you cold? These brushed matte jersey tights will make your legs feel like they're swaddled in cozy fleece. (Donna Karan Luxe Layers, \$24 each; bloomingdales.com)



Chicken Out

TV dinners will never be the same now that pot pie has gone gourmet—whole grain crust, fillings like curried sweet potato or lentil, and vegetarian through and through. (Originally \$22 for four, now \$18 with code OPRAH; flourishbakingcompany.com)

Feast Your Eyes ▸

This ceramic cookware is stove-, oven-, microwave-, freezer-, and dishwasher-safe, with no toxic elements—but plenty of style. (Revolution cocottes by Revol Porcelain France, originally starting at \$150 each, now starting at \$135 each with code OPRAH; revol1789.com)

Suck It Up

We won't name names, but there are world leaders and captains of industry far less powerful than this cordless vacuum cleaner. (Digital Slim, \$300; dyson.com)



A Pop of Color ▸

With one hand, slide the tab down, watch the top fold in, et voilà. If James Bond wore lipstick, this would be it. (Guerlain Rouge Automatique, \$35 each; saks.com)



Good Vibrations ▸

Get 22,000 brushstrokes per minute, then toss this portable electric toothbrush—with a vented mascara-style cap—in your purse. (Slim Sonic, originally \$15, now \$13 with code OPRAH2011; vielight.com)



OCTOBER 2011 \$4.00



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